

Cardiff and Vale Area Scouts

Swimming Gala Rules 2023

1. All competitors must be uniformed members of the Scout Association and belong to the Group/Unit for which they enter and compete. The age of the competitor on 1st March 2023 will decide the events he/she is able to enter.

Entrants can only swim in races for their own Section.

- Beaver Races – Beavers Only
 - Cub Races – Cubs only (Under 9½ years and over 9½ years)
 - Scout Races – Scouts only (Under 12 years and over 12 years)
2. Any number of Beaver Colonies, Cub Packs or Scout Troops from a Group may enter, but only one pre-nominated Section eligible for Group Points.
 3. No names are required on the Entry Form which should be returned by 24th February 2023 for your Group to be eligible. Entry sheets will be sent to each Group entered. The competitor's name, group, date of birth and event entered must be completed before hand in BLOCK capitals and brought to the heat nights. The swimmer will produce his/her sheet to the poolside marshal when his/her race is called.
 4. An entry fee of £12.50 per Colony and £25 per Pack/Troop is required. Payment can be made electronically or by cheque. Cheques made payable to Cardiff and Vale Area Scouts and an additional charge for cheques £1.50 to be added. There will be heats for Leaders. The open relay only takes place on finals night.
 5. Groups may only enter a maximum of 4 entrants per event. Entrants are limited to 2 individual and 1 squadron event; maximum of 2 teams per Group. There will be no separate events for females. Beavers are only allowed to swim in Beaver events and Cubs only in Cub individual events.
 6. The HEATS will be held as follows: Sunday 5th March 2023 starting at 1pm. It would be appreciated if Scouts do not arrive before 2.00pm to avoid overcrowding at the poolside.
 7. The FINAL will be held on Sunday 2nd April 2023 starting at 2pm and both will take place at Penarth Leisure Centre.
 8. Each competitor will be individually timed and the fastest 6 swimmers over all the heats in each event will go through to the final. The Heats and Finals will consist of 1 length for Beavers and Cubs and 2 lengths for Scouts and Leaders. Cub and Scout squadrons will be 4 x 1 length. Open relay will be 4 x 1 length. (Length = 25m).
 9. A complete list of finalists will be sent to the relevant Group. Competitor's times will not be available from the recorders.

10. All heat entrants who complete the course will receive 1 point. In the finals, points will be awarded thus: - First - 4 points. Second - 3 points. Third - 2 points, the remaining finalists who complete the course 1 point. The open relay race does not qualify for points.
11. There will be no diving events.
12. The list of events forms part of the rules of the Gala. Scouters must ensure all competitors are acquainted with these rules.
13. In the case of a dispute the Judges decision is final.
14. All Trophies will be presented on the finals night. Previous years winners should return on heats night or earlier (to the Area Office) where possible.
15. All the competitors must obey instructions from any Marshal.
16. Each group must have a leader at poolside while their members are getting ready for events.
17. No spectators are allowed Poolside.
18. Adult spectator's entry is free for the heats and a programme is needed for the finals at £1
19. In respect of swimming pool regulations and requests by parents **NO photographs** will be allowed poolside. We suggest you take a photograph of your team with medals and trophies at your HQ after the event.

<p>Breaststroke</p> <p>Under 8 Beaver Breaststroke Under 9½ Cub Breaststroke Over 9½ Cub Breaststroke Under 12 Scout Breaststroke Over 12 Scout Breaststroke Leader Breaststroke</p>	<p>Backstroke</p> <p>Under 8 Beaver Backstroke Under 9½ Cub Backstroke Over 9½ Cub Backstroke Under 12 Scout Backstroke Over 12 Scout Backstroke Leader Backstroke</p>
<p>Freestyle</p> <p>Under 8 Beaver Freestyle Under 9½ Cub Freestyle Over 9½ Cub Freestyle Under 12 Scout Freestyle Over 12 Scout Freestyle Leader Freestyle</p>	<p>Squadron</p> <p>Beaver Squadron Cub Squadron Under 12 Scout Squadron Over 12 Scout Squadron Open Relay * (Only Finals) * Points not awarded for this event.</p>

Beaver, Cub, Scout and Leader Heats will take place on: SUNDAY 5th March 2023

The Heats will commence at: 1pm

IT WILL BE APPRECIATED IF SCOUTS DO NOT ARRIVE BEFORE 2PM

The Final will be held on: SUNDAY 2nd April 2023 commencing at: 2:00PM

The online form is to be completed by 24th February at the very latest with the appropriate payment either sent electronically or by cheque.

Costs are: - £12.50 per Colony, £25 per Pack, £25 per Troop